

DINNER TIMES

AUTUMN MENU 2018

WEEK 1

WEEK 2

WEEK 3

MONDAY

Baked Sausages & Gravy
Vegebangers & Gravy (v)
Wrap (Choice of Fillings)
Jacket Potato (Choice of Fillings)
Creamed Potatoes, Seasonal Vegetables
Salad Bar
Oat & Sultana Cookies
Eves Pudding & Custard
Yoghurt
Fresh Fruit

Pizza Margherita (v)
Sausage Roll
Baguette (Choice of Fillings)
Jacket Potato (Choice of Fillings)
Oven Baked Potato Wedges, Spaghetti Hoops,
Garden Peas
Salad Bar
Apple & Oat Cookies
Chelsea Buns
Yoghurt
Fresh Fruit

Beef Pasta Bolognese
Vegetable Risotto (v)
Baked Roll (Choice of Fillings)
Jacket Potato (Choice of Fillings)
Garlic Bread, Garden Peas
Salad Bar
Chocolate Crispie
Rice Pudding & Peaches
Yoghurt
Fresh Fruit

TUESDAY

Roast Chicken Breast & Gravy
Vegetable Dhal (v)
Baguette (Choice of Fillings)
Jacket Potato (Choice of Fillings)
Roast Potatoes, Green Beans, Carrots
Salad Bar
Jam Sponge
Chocolate Crunch
Yoghurt
Fresh Fruit

Oven Baked Chicken Tikka Masala
Vegetable Curry (v)
Bread Roll (Choice of Fillings)
Jacket Potato (Choice of Fillings)
Rice, Sweetcorn, Broccoli
Salad Bar
Vanilla Cookies
Zesty Lemon Sponge
Yoghurt
Fresh Fruit

Cottage Pie & Gravy
Vegetarian Shepherd's Pie (v)
Sandwich (Choice of Fillings)
Jacket Potato (Choice of Fillings)
Broccoli, Carrots
Salad Bar
Pear & Chocolate Sponge with Chocolate Sauce
Banana & Sultana Oat Bar
Yoghurt
Fresh Fruit

WEDNESDAY

Pizza Margherita (v)
BBQ Chicken Pizza
Bread Roll (Choice of Fillings)
Jacket Potato (Choice of Fillings)
Garlic Bread, Cauliflower, Broccoli
Salad Bar
Shortbread
Jelly & Peaches
Yoghurt
Fresh Fruit

Roast Chicken Breast & Gravy
Veggie Mince & Dumplings (v)
Sandwich (Choice of Fillings)
Jacket Potato (Choice of Fillings)
New Potatoes, Green Cabbage, Carrots
Salad Bar
Angel Whip
Flapjack & Peaches
Yoghurt
Fresh Fruit

Baked Sausages
Pizza Margherita (v)
Wrap (Choice of Fillings)
Jacket Potato (Choice of Fillings)
Chips, Baked Beans, Garden Peas
Salad Bar
Arctic Roll
Rhubarb Crumble & Custard
Yoghurt
Fresh Fruit

THURSDAY

Chicken & Vegetable Pie
Macaroni Cheese (v)
Sandwich (Choice of Fillings)
Jacket Potato (Choice of Fillings)
New Potatoes
Carrot, Green Beans & Sweetcorn Medley
Salad Bar
Lancashire Cookie
Ice Cream & Sprinkles
Yoghurt
Fresh Fruit

Traditional All Day Breakfast
Traditional All Day Vegetarian Breakfast (v)
Wrap (Choice of Fillings)
Jacket Potato (Choice of Fillings)
Baked Beans
Salad Bar
Jelly & Fruit Cocktail
Marble Sponge
Yoghurt
Fresh Fruit

Roast Chicken Breast & Gravy
Baked Bean Lasagne (v)
Bread Roll (Choice of Fillings)
Jacket Potato (Choice of Fillings)
New Potatoes, Green Cabbage, Carrots
Salad Bar
Scotch Bread
Lakeland Ginger Crunch
Yoghurt
Fresh Fruit

FRIDAY

Fish Fingers
Salmon Fish Fingers
Chickpea & Lentil Pasta (v)
Wrap (Choice of Fillings)
Chips, Rice, Baked Beans, Mushy Peas
Salad Bar
Tomato Ketchup
Banana Slice
Chocolate Muffin
Yoghurt
Fresh Fruit

Fish Fingers
Fish Burger on a Bun
Pasta Neapolitan (v)
Baguette (Choice of Fillings)
Chips, Rice, Baked Beans, Sweetcorn
Salad Bar
Tomato Ketchup
Paris Sandwich with Custard
Gingerbread Man
Yoghurt
Fresh Fruit

Fish Fingers
Breaded Fish Fillet
Spanish Omelette (v)
Jacket Potato (Choice of Fillings)
Oven Baked Potato Wedges, Rice
Spaghetti Hoops, Mushy Peas
Salad Bar
Tomato Ketchup
Apple Pie & Custard
Crispy Biscuits
Yoghurt
Fresh Fruit

CHOICE

BREAD
AVAILABLE
DAILY



v = Vegetarian