



# St Paul's News

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### Useful links

<http://parentinfo.org/>  
Parental Control Links

Childnet

<http://www.childnet.com/parents-and-carers/hot-topics/parental-controls>



### UK Safer Internet Centre

Centre

<http://www.saferinternet.org.uk>



### Think U Know

<https://www.thinkuknow.co.uk>



CEOP (Child Exploitation on line Protection Agency)

<http://www.ceop.police.uk>

Internet Matters.org

<https://www.internetmatters.org>

internetmatters.org

Dear Parents and Carers,

I hope your children have settled back into the school routine and are ready to embrace the challenges that await throughout the year. As we go forward together with exciting online activities to help the children in their studies, it is worthwhile to consider the following useful advice:

- Set clear boundaries regarding time online and what your children can do online.
- There is amongst children and young people 'FOMO'—Fear of missing out, they may want to spend too much time online to avoid missing out.
- Be 'POS' - Parent over shoulder. Let your children be aware that you are keen to know what they are doing online.
- Know what apps and sites your children use.
- Remember social media sites and apps such as Facebook, Instagram, Snapchat and Twitter all have a minimum age of 13
- WhatsApp has a minimum age of 16
- Apps add new features from time to time. Listen to news reports to keep up to date.
- Recently, Snapchat has added a new feature 'Snap Map' this is a location based map that allows users to see where in the country their Snapchat contacts are, worrying if contacts are strangers. To find out more:  
<http://www.childnet.com/blog/introducing-snap-maps-the-new-location-sharing-feature-in-snapchat>
- Download You tube Kids—a safer way for children to access appropriate videos
- Do a review of the games your children are playing. Are they age appropriate? Not sure look at <http://www.pegi.info/en/index/>
- Check security settings on all online activities that your children do, if you are not sure check on Internet matters for clear instructions  
<https://www.internetmatters.org>
- Are your children's passwords strong and secure? Try this site with your family:  
<https://howsecureismypassword.net/>
- Spend family time together online, talk about what individual family members enjoy doing.
- Be aware of Fake News Stories, talk to your children about how dangerous they can be.
- Talk to your children about taking and sharing photographs.

Yours sincerely

Mr Edgar

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